

Category	Title	Description	CEUs	Date	Start Time	End Time	Location	Sponsoring Agency	Intersectional Category/ies (if applicable)
Health & Safety	Ensuring Child Safety Through Mandated Reporting	Participants will receive an overview of current statistics on child abuse, including information regarding types, ages, victims, and perpetrators of abuse. The impact of various forms of abuse upon child actions and presentations for care will be presented and discussed. Types of reportable child abuse will be reviewed, as will obligations of care providers of children in out-of-home care as mandated reporters. Training will also cover all aspects of accurate incident reporting including how, why and when to write an IR, who receives incident reports and information gathered from incident reports. Please register with: minjonlenoir@lincolnfamilies.org		5/9/2024	3:00 PM	5:00 PM	DISTANCE LEARNING	Lincoln Families	
For Caregivers	Supporting Ethical Decision-Making For Child and Youth Care (Law and Ethics)	Meeting appropriate standards is foundational for the provision of competent child and youth care. Many dimensions of these standards are clear and have remained constant over the years, yet others continue to evolve. Care and service providers routinely confront complex and ambiguous situations requiring important decision-making. The purpose of this training is to give child and youth care providers an opportunity to renew and sharpen their ability to engage in knowledgeable and effective ethical decision-making, and understand and apply such standards to challenges inherent in their work with youth, adolescents and families in care. The course also has the goal of assisting participants in better managing the risks of youth and child care practices. Please register at: https://www.eventbrite.com/e/law-and-ethics-tickets-827593694017?aff=oddtcreator	3, 6	5/10/2024	9:00 AM	12:00 PM, 4:00 PM	DISTANCE LEARNING	Lincoln Families	
Trauma Impact	Trauma Informed Approaches to Service Delivery	This training teaches participants to identify, learn and understand how trauma and stressors impact developing bodies and brains, communities, organizations and systems. Participants be presented information on the Adverse Childhood Experiences (ACEs) research and the disparities for health outcomes of toxic stress. In addition, participants will review the 7 evidence-based strategies for mitigating stress, including the physiological and psychological benefits and specific ways to integrate into daily work day and life. <u>This is an in person training 1266 14th St., Oakland, Ca 94607. Please register with: minjonlenoir@lincolnfamilies.org</u>		5/10/2024	9:00 AM	4:00 PM	Oakland	Lincoln Families	For Caregivers
Cultural Awareness	Cultural Humility: Embracing Race, Privilege and Power to Support Communities of Color	This training is designed to provide participants with an overview of the impact helping organizations have on diverse ethnic and racial groups, cultures, social classes and groups with minority status in the US. The values and attitudes of diverse ethno cultural groups in cross-cultural environments will be discussed. The application of a multicultural lens and anti-racist stance when engaging a diversity of cultures will be addressed. The training includes lecture, small group exercises, discussions and videos/films. <u>This is an in person training 1266 14th St., Oakland, Ca 94607. Please register with: minjonlenoir@lincolnfamilies.org</u>	3	5/13/2024	1:00 PM	4:00 PM	Oakland	Lincoln Families	

Health & Safety	Crisis Management and Safety Planning with High Risk Youth and Families	System-involved youth may externalize their distress and engage in risky behaviors. So, it is imperative for social service providers to learn how to navigate crises with high risk populations. The training will help providers understand the function of the behavior, how to apply harm reduction strategies, and how to create a safety plan with clients engaging in risky behaviors. Please register at: https://www.eventbrite.com/e/crisis-management-skills-and-safety-planning-with-high-risk-clients-tickets-890742303207	5	5/15/2024	9:00 AM	2:00 PM	DISTANCE LEARNING	Lincoln Families	For Caregivers, Trauma Impact
For Caregivers	Strategies to Increase Engagement with Parents and Care Providers of System-Involved Youth	To effectively work with system-involved youth it's necessary to involve their parents and care providers. However, many social service and behavioral health providers can struggle to work with their parents. In this training, you will learn strategies to enhance engagement with parents. With increased parental involvement, parents have the ability to learn how to effectively support the youth in their care, have opportunities to get involved in their own health care, increase collaboration with service providers about current behaviors, etc. Please register at: https://www.eventbrite.com/e/strategies-to-increase-engagement-with-parents-of-system-involved-youth-tickets-890744760557	4	5/16/2024	9:00 AM	1:00 PM	DISTANCE LEARNING	Lincoln Families	Behavioral Strategies
Trauma Impact	An Overview of Labor Trafficking for Social Service Providers	While the larger human trafficking narrative has focused on child sex trafficking, it's equally as important to discuss child labor trafficking. This training will provide an overview of child labor trafficking in the United States, including what it is, risk factors, and pathways of entry. Participants will also learn about warning signs someone is being labor trafficked and recommendations to support labor trafficking survivors. Please register at: https://www.eventbrite.com/e/an-overview-of-labor-trafficking-for-social-service-providers-tickets-890713497047	7	5/17/2024	9:00 AM	4:00 PM	DISTANCE LEARNING	Lincoln Families	Health & Safety
Health & Safety	An Overview of Substance Use for Social Service Providers	Substance use is a growing issue with system-involved youth and young adults. Some youth have used substances prior to entering the system, some have been exposed to them while running away from placement and some use substances after leaving the system. System-involved youth and young adults may use substances as a means to cope with trauma and adversity, because of peer pressure, experimentation, etc. It's crucial for social service providers, foster parents and natural supports to understand how substances affect youth. Training will focus on alcohol, marijuana and opioids. Participants will learn strategies to talk with youth about substance use as well as strategies to support youth who misuse substances. Please register at: https://www.eventbrite.com/e/an-overview-of-substance-use-with-system-involved-youth-tickets-890882903747	7	5/20/2024	9:00 AM	4:00 PM	DISTANCE LEARNING	Lincoln Families	Trauma Impact

Health & Safety	Emotional Regulation and Mindfulness Skills for System-Involved Youth	Many system-involved youth and transitional age youth struggle to make sense of their emotions and regulate them in an adaptive manner. Without this knowledge, it can hinder goals and aspirations youth have. This training will equip you with the knowledge and skills to effectively support youth in increasing their emotional regulation skills. Also, when youth struggle to regulate their emotions and can dwell on self-defeating thoughts. Mindfulness is a helpful skill for social service providers to practice to be present and engaged with clients as well as a great skill to teach youth to practice so they don't get lost in their thoughts and emotions. Please register at: https://www.eventbrite.com/e/emotional-regulation-skills-mindfulness-skills-for-system-involved-youth-tickets-890901790237	7	5/20/2024	9:00 AM	4:00 PM	DISTANCE LEARNING	Lincoln Families	For Caregivers
Trauma Impact	An Overview of Male Sexual Abuse	While male sexual abuse is fairly common, the predominant dialogue is about the sexual abuse of women and girls. This training will equip social service providers of needed knowledge about male sexual abuse. The training will provide information about the prevalence of childhood male sexual abuse, myths of sexual abuse, impact of male sexual abuse and strategies to support males who have experienced sexual abuse as minors. Please register at: https://www.eventbrite.com/e/an-overview-of-male-sexual-abuse-tickets-890728602227	4	5/21/2024	9:00 AM	1:00 PM	DISTANCE LEARNING	Lincoln Families	Health & Safety
Health & Safety	Strategies to Support Caregivers with Disabilities to Improve Outcomes for System-Involved Youth	Caregivers of system-involved youth have various physical and cognitive abilities and it's important for those who support them to understand how to support caregivers of all abilities most effectively. This training will highlight common disabilities that caregivers of system involved youth may have and strategies to best partner with caregivers with the respective disabilities. Please register at: https://www.eventbrite.com/e/supporting-caregivers-w-disabilities-to-improve-outcomes-for-youth-tickets-890887066197	4	5/21/2024	1:00 PM	5:00 PM	DISTANCE LEARNING	Lincoln Families	For Caregivers
Health & Safety	Understanding Personality Disruptions Amongst Transitional Age Youth	Some transitional age youth are labeled as having a personality disruption early on in their life. So, it's crucial for social service providers to have an accurate understanding of personality disruptions in order to support them in the most effective manner. This training will provide an overview of personality disruptions as well as strategies to support someone struggling with one. Please register at: https://www.eventbrite.com/e/understanding-personality-disruptions-amongst-transitional-age-youth-tickets-890894749177	6	5/22/2024	9:00 AM	3:00 PM	DISTANCE LEARNING	Lincoln Families	For Caregivers
For Caregivers	Strategies for Parents and Caregivers to Advocate for At-Risk and System-Involved Youth in Systems and Learning Environments	Learning environments and systems can be intimidating. It can be a challenge for parents and caregivers of system-involved youth to navigate. So, we want to equip you with the knowledge and skills to better advocate for at-risk and system-involved youth. The training will provide a description of youth and parental/caregiver rights, common challenges parents and caregivers face and how we can overcome those challenges. Participants will navigate services and protective laws, accommodations and resources available. Please register at: https://www.eventbrite.com/e/strategies-for-caregivers-to-advocate-for-youth-in-the-educational-system-tickets-890899774207	3	5/23/2024	1:30 PM	4:30 PM	DISTANCE LEARNING	Lincoln Families	

Health & Safety	Advocating for Sexual Abuse Survivors in Healthcare Settings	For individuals who have experienced trauma, healthcare settings can be intimidating and even triggering. It's important to learn how to support and advocate for trauma survivors to ensure they stay on top of their health. This training will provide participants with strategies to support trauma survivors at medical appointments and dentist appointments. Please register at: https://www.eventbrite.com/e/advocating-for-sexual-abuse-survivors-in-healthcare-settings-tickets-890910456157	2	5/28/2024	12:30 PM	2:30 PM	DISTANCE LEARNING	Lincoln Families	Trauma Impact
Health & Safety	Strategies for Social Service Providers to Address Barriers to Services	At times, system-involved youth, young adults and families can be hesitant to receiving health and services. This training will review common barriers to seeking services. You will learn how to address barriers with individuals to ensure youth and young adults receive the necessary services. Please register at: https://www.eventbrite.com/e/strategies-for-social-service-providers-to-address-barriers-to-services-tickets-890733797767	3	5/28/2024	1:00 PM	4:00 PM	DISTANCE LEARNING	Lincoln Families	For Caregivers, Trauma Impact, Cultural Awareness
Trauma Impact	Understanding the Connection of Trauma and Substance Use with System-Involved Youth	Trauma and substance use can go hand in hand for many system-involved youth, young adults and parents. This training will provide an overview of the connection between trauma and substance use and the effects of substance use on trauma symptoms. Lastly, the training will cover strategies to support individuals struggling with both trauma and substance use. Please register at: https://www.eventbrite.com/e/understanding-the-connection-of-trauma-and-substance-use-with-youth-tickets-890735793737	4	5/30/2024	12:30 PM	4:30 PM	DISTANCE LEARNING	Lincoln Families	Health & Safety
Health & Safety	Strategies to Support Youth Who Self-Harm	Many system-involved youth self-injure themselves and providers can struggle to know how to effectively support them. This training will provide you with a better understanding of non-suicidal self-injury. You will be able to identify the reasons for the behavior as well as strategies to support youth who hurt themselves. Please register at: https://www.eventbrite.com/e/strategies-to-support-youth-who-self-harm-tickets-890736535957	4	5/31/2024	9:00 AM	1:00 PM	DISTANCE LEARNING	Lincoln Families	Trauma Impact, For Caregivers